



SONG AND DANCE-A MIRROR OF OUR NATIONAL CULTURE

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ABSTRACT

This article analyzes the role of song and dance art in our national culture, their historical roots, artistic and aesthetic features, as well as contemporary development processes. It also highlights the importance of these art forms in social life and their role in educating and shaping young people.

In the current era, where globalization processes are increasingly intensifying, preserving and developing national culture is considered one of the most urgent tasks. In particular, the art of song and dance holds special significance as the spiritual wealth of the people and plays an important role in shaping national identity. Through these art forms, the historical memory, customs, traditions, and aesthetic views of the people are continuously transmitted from generation to generation. Song and dance are not only means of artistic expression but also important factors reflecting the cultural identity of society. Therefore, their scientific study, analysis, and development in modern conditions are among the most pressing issues today. Song is one of the most ancient and rich art forms of the Uzbek people, reflecting the historical development, way of life, and spiritual world of the nation. Through song, people's joys and sorrows, hopes and aspirations, and life experiences find artistic expression. In this respect, song is considered an important cultural phenomenon that embodies the spiritual memory and aesthetic views of the people. The genres of song are diverse in terms of content and form; they include lyrical, epic, and ritual songs. Each genre has its own artistic function and expressive style, reflecting various aspects of people's life. The artistic value of song is manifested in its melodiousness, the depth of its poetic content, and the uniqueness of its performance style. In particular, folk songs are distinguished by simple, sincere, and natural means of expression. These features make song an art form that has a strong emotional impact on the listener. In addition, during the performance of songs, the performer's vocal abilities, breathing technique, and means of emotional expression play an important role. This further increases not only the musical, but also the artistic and aesthetic significance of song. National dance is one of the important art forms that expresses

the spiritual world, aesthetic views, and cultural values of the people through movement. In it, each movement, gesture, and the unique expression of body plasticity conveys a specific artistic meaning. Therefore, national dance is regarded not only as a stage performance but also as a form of expression with deep spiritual content. Uzbek national dances are rich and diverse in terms of regional characteristics and have been formed through various dance schools. In particular, the Fergana, Bukhara, and Khorezm dance schools differ from one another in their performance style, rhythm of movements, and means of expression. Fergana dances are distinguished by their soft and graceful movements, while Bukhara dances are characterized by expressiveness and grandeur. Khorezm dances, on the other hand, are marked by strong rhythm and energetic movements. Such features demonstrate not only the aesthetic richness of national dance art, but also its close connection with the historical and cultural development of the people. Song and dance as art forms are closely interconnected and together form a unified artistic system that complements one another. Musical rhythm determines the tempo, dynamics, and expressive style of dance movements, while dance, in turn, strengthens the semantic and emotional impact of song. As a result, these two art forms merge and create a unified artistic image. This harmony is especially evident in stage performance arts. In both modern and traditional stage presentations, the combined use of song and dance produces a strong aesthetic impact on the audience and enhances the artistic value of the performance. In addition, the synthesis of song and dance requires from the performer not only vocal skills but also a high level of control over stage movement and body expression. This makes it one of the key factors defining the professional level of performance. In general, the harmony of song and dance plays an important role in the development of both national and modern stage arts, providing the audience with a complete artistic and aesthetic experience. Song and dance art forms perform important socio-cultural functions in society. They are regarded not only as means of artistic expression, but also as significant factors ensuring the spiritual development and cultural stability of the people. These art forms carry out the following main functions, preserving, enriching, and consistently developing national culture, educating the younger generation in the spirit of aesthetic taste and artistic thinking, preserving historical and cultural heritage and transmitting it to future generations, strengthening moral and ethical values in society. In addition, in the modern era, song and dance arts are also widely promoted in the international cultural arena. This process contributes to the global recognition of national art forms and enhances the prestige of Uzbekistan's culture in the world community. In general, the socio-cultural significance of song and dance is defined by their irreplaceable role in the spiritual life of society.

In conclusion, song and dance art forms are an integral and important component of our national culture, embodying the people's historical memory, spiritual world, and aesthetic values. The harmonious development of these art forms contributes to the enrichment of national culture, the preservation of traditional values, and their continuation in modern forms. Furthermore, the integration of song and dance expands the artistic possibilities of art and increases its influence in society. This is an important factor in the continuous development of national culture. In the future, it is important to conduct in-depth scientific research on song and dance, analyze their modern development trends, and widely promote

them among young people. This process will contribute to the stable development of national culture and its greater recognition at the international level.

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