



THE DEVELOPMENT OF SCIENTIFIC VIEWS ON ANXIETY

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ABSTRACT

Description of the feature in this article psychological rest assured the person, the person of interest in the study of the scientific quality xissiy psixolgik surveys provides information about the history of the formation and modern. The person's concerns about features on the human condition by not xissiy different experiences to come out of the east and the west, causing the thoughts of the scholars mentioned.

Rest assured – the person representing the psychological tendency to often intense anxiety for reasons no less than the individual feature. Rest assured the person structure on the one hand, on the second hand, the neural process associated with the weakness of temperament feature, and it is regarded third in a time that consists of features from unisi.

To show different xissiy by the person's concerns are not on the human condition, thus can be, and this condition can impact to the fullness of the person. The ideas put forward by scientists of the east in this regard also, if the person's sense-experiences, rest assured about the condition of mind of being in his works is the manifestation of feeling like the statement read.

The person in the works of thinkers of the east is one of the topical issues of the formation of the issue. The person that happens in the process of formation of the psixik-stand out with a number of physical changes that will put forward the importance of thoughts in that regard.

Abu rayhan biruni in the moral quality of a man from the east, scientists encyclopedic rest assured the situations they find the ingredients important was listed.

While abu ali ibn Sino in the practice of his wide range psixonevrologik gives great attention to the methods of objective observation. Accordingly, various emosiyalar in the body, heart and the blood vessels to be produced different changes in the respiratory organs, nerve pains, and, thus, can lead to fear and rest assured madorsizlanish position of the body that proves it. Ibn sina I was able to determine that there is a connection between mental events with physiological events. It's mental illness, physical is the result of the check, that is. Ibn sina during his career, giving great importance to the leading role of the central nervous system, nervous disorder (fear and rest assured, nervousness, iztiroblanish) and reduced that leads to darmonsizlanishi of the whole body was showing. See from the above views of the east by the

scientists also put forward the idea of the availability of particular importance, given the status anxiety in person.

Current science-technical progress in the period, conditions, situations, objects, natural or concerns to pose xoldir be afraid of men. Rest assured with the necessity of studying the fundamental scientific than other emotions can be explained. Rest assured this feeling of directed study research in counselling allows you to understand more widely.

A. Kempinski divided into 4 groups of cases which produced anxiety: a direct risk to life, influencing factors, social threats, and social interaction in the absence of active interaction with the environment personally to choose disorders. The reason to come out according to the concerns of biological, social, and spiritual can be dezintegrasyon type

In the opinion of i. p. pavlov, fear and the appearance of natural refleksi rest assured, the brain size of a large part of the bark of the brakes and passive sharing a protective reaction. Rest assured, fear and self-preservation instinct is based on nature conservation and together with the known physiological changes of higher nervous activity was the night.

Zaxarov associated with a. i. and the situation compare to the relevant person as a result of fear and rest assured that come to mind are as follows: fear associated with conditions posing a risk depends on the situation and rest assured, if it is human nature to fear and you can rest assured that the appropriate person is affiliated with. Then see the gap between them again, and rest assured your busy schedule and are enforceable associated with the fear of the situation, depends on the person and imagine that while chronic.

Psixodinamik theory: Z. freyd, in the opinion of phobias – anxiety and defense mechanisms to ensure control of man's hidden move to squeeze out the excessive use of the result. Such men often fear and anxiety of the mind, which produces the signal and rest assured squeezed out under neutral and there is no fear in relation to the object or situation that is easy to control, and are sent to mix with rest assured

According to the teachings of Psixoanaliz do not control, automatically rest assured that night with fear and panic of the person early in the development stage arxaiik remember. Rest assured of the signal and the fear of a woman, but a person indicates a certain level of maturity. Rest assured and automatic fear at the same time ""to crush, used, if cain is to remove the signal and rest assured the fear of ""to serve a warning about the risk of it

To resist him protection from such risk is that a real woman should be. Such abilities in childhood but still very poor form. Rest assured children and therefore also the prevalence of fear is natural. "Children" ida unfortunately do not have the methods of resist fear and rest assured to such desired behavior.

Out of necessity, the child will explore mechanisms which will protect himself from fear and rest assured psixik. Fear is reduced to a level that is bearable for a while and rest assured. ""Specific for your own protection berkinib take it back "wall" construction. To protect the "wall" should be at the level of fear and rest assured, energetic woman to return. Always kelavermaydi risk from the outside while inside it, personal psixik shell can pass through the break. To know the difference between external and internal risk from the protective wall that will keep psixoanaliz doctrine was the main idea.

Rest assured to come out of fear and biological factors or environmental factors could be the cause of xanuz're still the question of intrigued scholars. Biological supporter who got to

come out and knew no fear in the process of the evolution of the genetic naslga rest assured way with which naslga past, says will admit. Because out of the darkness from a height, and who is afraid of animals like to live long enough men were able to sustain their offspring. Rest assured environmental factors in the origin of fear and while scientists have put human life instead of the leader of the experiences of childhood that is the true source of fear and chog'laridanoq them, rest assured many people have this condition to identify the object which comes in and teaches accordingly have expressed the opinion that will lead to the formation of fear and rest assured

Conclusion words in foreign learn the sense of fear and rest assured by a psychologist, his reasons given in the lighting section in detail the mechanisms of denial, still requires many scientific researches in this regard is

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