



FAMILY CRISES THAT LEAD TO DIVORCE

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ABSTRACT

One of the main reasons for divorce is economic freedom. That is, the couple has an independent income, modern women can study, work in prestigious places, hold high positions, and live apart from their spouses. About 40% of women who get married before the age of 20-24 divorce. Psychological studies show that crises in family relationships are more common in the following cases:

One of the main reasons for divorce is economic freedom. That is, the couple has an independent income, modern women can study, work in prestigious places, hold high positions, and live apart from their spouses. About 40% of women who get married before the age of 20-24 divorce.

Psychological studies show that crises in family relationships are more common in the following cases:

1. Monotony of everyday life. At the beginning of a relationship, everything seems unusual, passionate and full of intense emotions. It seems as if the couple is meeting each other for the first time. At this time, no negative factors affect the couple, because they still enjoy communicating with each other. Later, worries and problems begin to arise. This can be mainly caused by the same lifestyle and work routine. Long-term monotony is the initial cause of the crisis. If the life of a couple in the family does not consist of diverse and unexpected small events, they get bored with each other. At this point, they begin to look for something interesting in the circle of friends, outside the home and in other environments. Misunderstandings and betrayals arise. Women can suffer mainly from these phenomena. This is because men can exercise their actions somewhat freely. In women, their responsibility to their children does not allow this.

2. Financial difficulties. Not every family is ready to overcome financial problems together. If a woman is not used to spending money correctly and purposefully in the family, if she does not know how to save, she will be reproached by her husband for the money she has squandered. Excess expenses harm the family economy. In such cases, the spouses are not satisfied with each other, a family crisis begins. Today, it has become common for young families to take out mortgage loans. This takes a large part of the family income, but also forces them to pay for it over a long period of time. A woman always tries to look beautiful, buy new things, jewelry. This leads to quarrels, conflicts and quarrels. A woman demands that her husband earn more money.

3. Cooling of feelings. Sexual relations become crucial in the development of family relationships. Sex is increasingly becoming a marital duty. A woman is often so busy with household chores and other matters that she is unable to pay attention to her husband's needs.[64] Sometimes women neglect themselves. The husband does not like this and starts looking for "another woman." This is where another crisis in family relationships begins.

"The decline in the number of supporters of the traditional family model, the priority of avoiding dependence on each other and choosing a free life, the fact that living without legal marriage is becoming the norm of the modern family, and the patriarchal form of the family is being forgotten is a very serious problem." Currently, it is urgent to improve the mechanism of individual work, taking into account the ethnopsychological and territorial characteristics of the socio-psychological causes of divorce in families and the territorial characteristics of families in a state of separation.

In the world, the phenomenon of the mother in the family, family conflicts, interpersonal relationships in a dysfunctional family, sibling relationships in a dysfunctional family, psychological characteristics of families in a state of separation, the causes of the dysfunctional family, the psychological phenomenon of single motherhood, psychological aspects of readiness for social relations after a divorce, interpersonal relationships in the family, and the characteristics of relationships with peers, put forward the need to study the problems related to this from a socio-psychological point of view.

Conducting socio-psychological research in the direction of developing the family institution, preparing young people for family life, supporting women, increasing their activity in the neighborhood and labor communities, forming an exemplary family, strengthening its spiritual and moral environment and family values is of significant scientific and practical importance.

From the analysis of the above, we can say that studying the situation of families on the verge of divorce, providing them with assistance in housing issues to reduce pressure from problematic in-laws and sisters-in-law. What negative consequences does the breakdown of families have on the Internet and social networks and on local TV channels and how does it affect the psyche of children? Prepare programs on this topic. Bring family members who are divorcing due to infidelity to administrative or criminal liability. Extend the divorce period and offer families who have filed for divorce to live separately for a while.

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