

## METHODS OF TEACHING A FOREIGN LANGUAGE

**Nishonova Dilnovoz Jonibekovna**

Assistant of the Department of Latin Language,

Pedagogy and Psychology of the Fergana

Medical Institute of Public Health

dilnavozxon@mail.com

+998 93 507 19 33

<https://doi.org/10.5281/zenodo.18141428>**ARTICLE INFO**Received: 29<sup>th</sup> December 2025Accepted: 30<sup>th</sup> December 2025Online: 31<sup>st</sup> December 2025**KEYWORDS**

traditional method, lecture, discussion, exercises, communicative competence, language teaching, interactive methods, role-playing, cluster, brainstorming, innovative methods, online learning, distance education, Zoom, Moodle, Kahoot, Quizlet, interactive technologies.

**ABSTRACT**

*This article analyzes traditional methods of foreign language teaching — lecture, discussion, and exercises. It highlights the content, advantages, and disadvantages of each method, as well as their role in the educational process. The article also examines modern interactive methods such as role-playing, clustering, and brainstorming, their essence, advantages, and effectiveness in the learning process. These methods play a crucial role in developing communicative competence and fostering independent thinking among learners. Furthermore, the article reviews online teaching methods, analyzing the features, benefits, and drawbacks of platforms such as Zoom, Moodle, Kahoot, and Quizlet. These platforms are essential for organizing distance learning and enhancing interactive communication with students.*

**Introduction**

In today's era of globalization, foreign language teaching has become one of the most urgent issues. Alongside interactive and modern approaches in language teaching methodology, traditional methods have not lost their significance. On the contrary, they continue to serve as a fundamental foundation. This article provides a scientific analysis of traditional methods—lecture, discussion, and practice exercises.

**1. Lecture Method**

The lecture method is a process of teaching a foreign language in which the teacher orally explains the topic and presents theoretical material. This method is mainly used for teaching theoretical content.

**Advantages:**

Enables the delivery of a large amount of information in a short time;

Ensures systematic organization of the lesson.

**Disadvantages:**

Low level of student activity;

Limited opportunities for developing communicative skills.

## 2. Discussion Method

Discussion is an interactive method based on question-and-answer interaction between the teacher and students. This method is especially effective in developing communicative competence.

### *Advantages:*

Develops speaking skills;

Encourages active participation of students in the lesson.

### *Disadvantages:*

Difficult to allocate sufficient time to each student;

Classroom management can be challenging.

## 3. Practice Exercises Method

Practice exercises are repetitive practical tasks aimed at reinforcing knowledge and skills. They include grammatical, lexical, listening comprehension, and writing exercises.

### *Advantages:*

Helps consolidate language skills;

Develops independent learning abilities.

### *Disadvantages:*

May become monotonous;

Limited opportunities for creativity.

Lecture, discussion, and practice exercise methods play a fundamental role in foreign language teaching. Despite the rapid development of modern technologies, these methods remain essential for delivering theoretical knowledge, developing communication skills, and performing practical tasks. To achieve the most effective results, it is necessary to combine traditional methods with interactive approaches.

## Interactive Teaching Methods in the 21st Century

In the education system of the 21st century, innovative methods—especially interactive approaches—occupy an important place. They make the learning process more effective, engaging, and communication-oriented. The main objective of interactive methods is to activate learners, develop independent thinking, and foster creativity. This article discusses three widely used interactive methods in foreign language teaching: role-playing, clustering, and brainstorming.

### 1. Role-Playing Method

Role-playing is a type of activity based on communicative methodology in which students develop speaking practice by performing assigned roles in specific situations.

### *Advantages:*

Creates a realistic communicative environment;

Develops pronunciation, intonation, and speaking skills;  
Strengthens social interaction among students.

***Disadvantages:***

Requires considerable time for lesson planning;  
Not all students are always actively involved.

***Example:***

In a German language lesson on the topic “*Ordering food at a restaurant,*” students act as waiters and customers and communicate accordingly.

## **2. Clustering Method**

Clustering is a method based on grouping ideas and presenting them visually. It is effective for explaining topics and systematizing new vocabulary.

***Advantages:***

Presents topics through logical connections;  
Develops associative thinking in students;  
Serves as a foundation for developing written and spoken language skills.

***Example:***

For the topic “*My Family,*” the word *Familie* is written in the center, with related words such as parents, brothers, and sisters branching out around it.

## **3. Brainstorming**

Brainstorming is a collective thinking method aimed at solving problems or generating ideas. It helps students develop free thinking and creativity.

***Advantages:***

Generates a flow of new ideas;  
Encourages quick and creative problem-solving;  
Develops teamwork skills.

***Disadvantages:***

Can be time-consuming;  
Difficult to ensure the participation of every student.

***Example:***

On the topic “*Travel,*” students are asked to name as many cities and countries as possible within a short time.

Modern interactive methods—role-playing, clustering, and brainstorming—ensure a communicative approach in foreign language teaching and contribute to the development of creativity and communication skills. When combined with traditional methods, they significantly enhance teaching effectiveness.

## **Online Platforms in Foreign Language Teaching**

Globalization and the development of information technologies have created new opportunities in the education system. Especially during the pandemic period, online teaching methods became widely used. Today, platforms such as Zoom, Moodle, Kahoot, and Quizlet are effectively applied in foreign language teaching. This article discusses their capabilities and roles in education.

### **1. Zoom Platform**

Zoom is one of the most widely used tools for organizing synchronous (real-time) online lessons.

#### ***Features:***

Video and audio communication;  
Screen sharing;  
Chat and file sharing.

#### ***Advantages:***

Creates a real-time communication environment;  
Enables effective organization of group lessons.

#### ***Disadvantages:***

Requires stable internet access;  
Additional tools are needed to make lessons more interactive.

### **2. Moodle System**

Moodle is a Learning Management System (LMS) designed for organizing distance education.

#### ***Features:***

Creating online courses;  
Uploading tests and assignments;  
Assessment and grading system.

#### ***Advantages:***

Convenient for independent learning;  
Enables systematic storage of educational materials.

#### ***Disadvantages:***

Complex interface;  
Requires continuous monitoring.

### **3. Kahoot Application**

Kahoot is an online quiz platform used to engage students in lessons in an entertaining way.

#### ***Features:***

Fast-paced question-and-answer games;  
Competitive ranking system.

#### ***Advantages:***

Increases student engagement;  
Enhances motivation.

***Disadvantages:***

Can be time-consuming;  
Internet-dependent.

**4. Quizlet Application**

Quizlet is a convenient platform for memorizing and revising new vocabulary.

***Features:***

Creating flashcards;  
Learning through tests and games.

***Advantages:***

Effective for expanding vocabulary;  
Supports independent learning.

***Disadvantages:***

Lack of sufficient control;  
Mainly focused on vocabulary learning.

**Conclusion**

Online platforms such as Zoom, Moodle, Kahoot, and Quizlet play an important role in improving the quality of distance education, ensuring interactivity, and increasing student engagement in foreign language teaching. However, effective implementation requires appropriate technical conditions, stable internet access, and teachers' digital competence.

**References:**

1. Нишонова, Д. Ж. (2017). Теория и методика обучения иностранному языку в вузе. Научные исследования, 1(6 (17)), 71-72.
2. Нишонова, Д. Ж. (2019). Использование интерактивных методов на уроках немецкого языка. Вопросы науки и образования, (4 (49)), 120-123.
3. Jonibekovna, N. D. (2021). Expression of speeches in the additional construction of the German language. Asian Journal Of Multidimensional Research, 10(5), 164-167.
4. Нишонова, Д. Ж. (2018). Средства, модели и приёмы при обучении иностранному языку. Достижения науки и образования, 1(8 (30)), 62-64.
5. Нишонова, Д. Ж. (2018). Портфолио как один из альтернативных способов оценивания знаний учащихся в процессе обучения иностранным языкам. In НАУКА И ОБРАЗОВАНИЕ: СОХРАНЯЯ ПРОШЛОЕ, СОЗДАЁМ БУДУЩЕЕ (pp. 235-237).
6. Kizi, T., & Mastura, J. (2023). Hippocrates is the father of medicine.
7. Kizi, M. T. (2020). Applying the social forms of education in teaching foreign languages. Вопросы науки и образования, (41 (125)), 56-60.
8. Mastura, J. (2023). Medicine of ancient Asian peoples. European Journal of Interdisciplinary Research and Development, 16, 405-411.

- 9.Mastura, J. (2021). Applying social forms: The project method in teaching foreign languages. *Бюллетень науки и практики*, 7(11), 354-358.
- 10.Jurayeva, M. T. K. (2022). Some opinions about social forms in teaching German. *Oriental renaissance: Innovative, educational, natural and social sciences*, 2(5-2), 372-376.
- 11.Mastura, J. (2023). Brief historical background of Latin. *O'zbekistonda Fanlararo Innovatsiyalar va Ilmiy Tadqiqotlar Jurnal*, 2(20), 471-473.
- 12.Juraeva, M. (2025). PERSONNEL TRAINING BASED ON INNOVATIVE DEVELOPMENT: PEDAGOGICAL APPROACHES AND EDUCATIONAL EFFECTIVENESS. *AMERICAN JOURNAL OF SOCIAL SCIENCE*, 3(10), 53-64.
- 13.Mastura, J. R. (2022). The use of social forms in improving the effectiveness of the lesson. *Eurasian Journal of Learning and Academic Teaching*, 9, 118-122.
- 14.Nishonova, D. (2024). TIBBIY TA'LIMDA LOTIN TILI VA TIBBIY TERMINLARNI O'RGANISH ZARURATI. *SAMBHRAM XABARNOMASI*, 1(1), 458-461.

